



March/April/May 2018 Newsletter

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Opening Devotion — Eastertide

In the last Newsletter we spoke of Christmastide, Epiphanytide and Ash Wednesday, the beginning of Lent. Let's move forward to Easter and Pentecost.

The Easter Season, sometimes referred to as Eastertide, is a festal season in the liturgical year of Christianity that focuses on celebrating the Resurrection of Jesus Christ. It begins on Easter Sunday, which initiates Easter Week in Western Christianity. Eastertide is the period of fifty days from Easter Sunday to Pentecost Sunday. The Easter lily, a symbol of the resurrection, traditionally decorates the chancel area of churches throughout Eastertide.

The term Pentecost comes from the Greek (Pentekoste) meaning "fiftieth" (50th). As noted above, Pentecost is 50 days after Easter. This Sunday commemorates the descent of the Holy Spirit upon the Apostles and other followers of Jesus Christ while they were in Jerusalem celebrating the Feast of Weeks, as described in the Acts of the Apostles. Some, especially Sunday School children, celebrate Pentecost as the birthday of the church. The Monday after Pentecost, Whit Monday, is a legal holiday in many European nations.

O God, who on this day [of Pentecost] didst teach the hearts of thy faithful people by sending to them the light of thy Holy Spirit: Grant us by the same Spirit to have a right judgment in all things, and evermore to rejoice in his holy comfort; through the merits of Christ Jesus our Savior, who liveth and reigneth with thee, in the unity of the same Spirit, one God, world without end. Amen.

Source: *Preface of Pentecost, Traditional Collects, Book of Common Prayer*
<https://www.bcponline.org/Collects/seasonst.html#pentecost>

Membership Renewal

If you do not receive a membership renewal form in the mail, you may download the membership application form from our website. Please send to the LLF Treasurer, John Corkill, at the address at the bottom of the form, not Dave Lambert who sends out the newsletters. New members are always welcome to join!

<http://www.lutheranlayfellowship.com/info/MembershipApplicationForm.pdf>

Scholarship Report

Michelle Heintz reported that she is very thankful to be able to apply her 2017 scholarship toward her education. Currently, she is interning at a nonprofit that provides literary art programs to Richmond schools. Her role in these programs is to be a mentor to our youth by empowering and educating the students to freely express themselves, while also developing their professional and creative writing skills. Looking forward, she hopes to continue in school to earn my Masters of Social Work and from there, find a career that actively pursues social justice. Michelle again thanked LLF for selecting her for this honor.

Fellowship Square News

Resident Service Coordinators Report on Programs for Residents

USDA Food

Once a month at each Fellowship House, USDA food is distributed by the Resident Service Coordinato. The distributed food items include non-perishable food in combination with fresh produce. The USDA recommends for the food to be distributed on the same day as the fresh produce can easily go bad.

Spice Up Your Life

Herbs and spices are a simple way to add flavor, fragrance, and nutrition to your day. Join us as we learn about the health benefits of common culinary spices. This seminar will be presented on Wednesday, May 23rd at Hunters Woods by a Giant nutritionalist and include an interactive tasting experience that will awaken your senses.

Diabetes Seminar

On May 24, Largo Landing will hold a seminar on diabetes and eating right for diabetics. Residents do not have to be a diabetic to attend. Everyone is invited to attend to learn something that could help in the future, or to help a friend or family member.

Communion

Pastor Klein offers Holy Communion in the Fellowship Houses during the first week of each month. In the resident's newsletter, he offers the following Mother's Day prayer: God, bless all mothers, and help them to raise their children to trust You. Be with those mothers who journey alone, provide for them an extra measure of your grace. Comfort those mothers who have said good-bye to their children and those who long to be mothers. Help us honor our mothers whether they are with us, or with you, In your name we pray. Amen.

Upcoming Meetings

LLF Tyson Corner - Fellowship House Managers
Thursday, May 17

LLF Tyson Corner - Fellowship House RSC's
Thursday, June 21

Caring & Sharing

Do you have news to share?

Is there something in your life or in the life of your congregation you would like to share with other members of the Lutheran Lay Fellowship to be published in a future LLF Newsletter? Have you been on a mission trip or taken a special vacation? Is your church doing something new and different that might be of interest to other congregations?

Send articles to webmaster@LutheranLayFellowship.org.

Two LLF Meetings a Month

LLF Wheaton - The Executive Committee meets on the LLF first Monday of the month at Panera Bread in the Wheaton Mall. All are welcome. Organizer: John Corkill

LLF Tyson Corner - Bob "Sarge" Sargeant invites you to Northern Virginia meetings at Brio Tuscan Grille in the Tyson Corner Mall.

The May and August meetings will feature the Fellowship House Managers.
The June and September meetings will feature the Fellowship House RSC's.

Meeting Schedule

1st Monday	May 7	LLF Wheaton	11:00-12:30pm
3rd Thursday	May 17	LLF Tyson Corner	12:00-1:30pm
1st Monday	Jun 4	LLF Wheaton	11:00-12:30pm
3rd Thursday	Jun 21	LLF Tyson Corner	12:00-1:30pm
1st Monday	Jul 2	LLF Wheaton	11:00-12:30pm
3rd Thursday	Jul 19	LLF Tyson Corner	12:00-1:30pm
1st Monday	Aug 6	LLF Wheaton	11:00-12:30pm
3rd Thursday	Aug 16	LLF Tyson Corner	12:00-1:30pm
1st Monday	Sep 10*	LLF Wheaton	11:00-12:30pm
3rd Thursday	Sep 20	LLF Tyson Corner	12:00-1:30pm

(*) Rescheduled due to the Labor Day Holiday

For updated information see www.LutheranLayFellowship.org and click on "Calendar"
